



LIFEGUARDING COURSE October 26 through October 31

After successful completion, individuals will have acquired the skills and knowledge needed to prevent and respond to aquatic emergencies. A pre-requisite swim test is required by all individuals before registering. Please call 765-457-4447 for an appointment to take the swim test. Course fee \$175—Includes First Aid, CPR-PR, Lifeguard manual and all materials. **The course length is approximately 30 hours.** Weeknights 4:30-8:00 PM—Saturday 9:00-5:00 PM.

LIFEGUARDING INSTRUCTOR COURSE December 21, 22, 23, 28 29, & 30.

This course trains instructor candidates to teach basic-level Lifeguarding and supporting courses including First Aid and CPR for the Professional Rescuer. Must be 17 years of age, possess a Fundamentals of Instructor Training Certificate (FIT) and successfully complete the pre-course session which includes a written exam and rescue skills. Course fees \$225—FIT course included. Weekdays 9:00-5:00 PM.

CPR FOR THE PROFESSIONAL RESCUER REVIEW (Healthcare Provider or Lifeguard)

December 21— 1:00-4:30 PM

Course includes Adult, Child, Infant CPR with Adult and Child AED.

Course fee \$45

Please register by December 18.



Check us out on the web! YMCA Website—www.kokomoyymca.org

YMISSION

We build strong kids, strong families, strong communities

YMCA Mission Impact

Having the time of her life -- at her own pace!

by Ginny Hingst

Everyday before lunch, you can see the three-year-old children from the Kokomo Family YMCA Daycare Facility having the time of their lives in the spacious, fenced-in playground to the South side of the building. The 15 or so young people run and climb and swing.

One of them, Shelby, hangs back mostly, talking with the caregivers, telling them about her grandparents or asking them questions. Eventually, she slowly ventures over to the slide.

You see Shelby can't run or walk, not yet anyway. She was born with cerebral palsy and gets around with a walker. Climbing the steps to the slide is an effort but she does it, with "Miss Monica" making sure she doesn't fall.

Shelby is having the time of her life too, just at her own pace.

Her grandparents, George and Sue Good, who have custody of her, are thankful for this haven they found for Shelby.

Sue has been a pharmacy technician for 38

years at St. Joe Hospital and George is owner and operator of Good Service Heating and Air. So when they took responsibility for raising Shelby in the Spring of 2007, childcare was a crucial issue.

Sue didn't have to look far as she found out about the Y's facility on St. Joseph Drive from her niece Melinda Hettmansperger, who takes her two children there.

Thus began a relationship of two years so far. George and Sue are forever grateful.

"I hate to name names because everybody interacts with her and is wonderful," said Sue. "There was Katy, who was like leaving Shelby with a trusted friend. Then there was Theresa, who went over and above in helping Shelby with therapy. When Shelby first started at the Y, she couldn't sit by herself or crawl, and Theresa would do with Shelby what her therapist wanted done on a daily basis."

Now, there's Monica and Tish and Jenny and Adam. They watch but don't hover, making sure Shelby uses her limbs but also making sure she doesn't get hurt.

"Shelby feels safe and secure here," said Monica. "She is a very loving child and she's a sweetheart. I can't believe how much she has matured physically."

"She's just like any other kid," said Tish.

"This isn't some place where you stash your kid for the day," said Sue. "When I pick her up, sometimes the kids are playing dress-up with hats and scarves and feather boas. The kids are taught to say "please" and "thank-you".

"There is one little guy named Quinton who gets her blanket for her at naptime and puts it back for her," said Sue "He sounds like an outstanding young man.

"I could go on and on about what she is learning. She says a prayer before meals because this is what they are taught at 'school.' Before she turned 3, she knew her alphabet and how to count to 10."

"She gets upset on the weekends when she can't go," laughed Sue. "I would highly recommend the YMCA to anyone who is looking for child care."